

in Fall River, MA

JOIN IN LEARNING, YARMOUTH, ME

Module 1: Sat - Sun / October 1 - 2

Tom Bowen - History/Philosophy. Basic Relaxation Moves - the core work that addresses the entire body. Kidney and headache procedure, and instructions for client self-care and management.

YOU ARE INVITED

to a series of seminars to learn the innovative system of muscle and connective tissue therapy, developed by the late Tom Bowen of Australia.

Bowenwork is a gentle noninvasive soft tissue technique that can relieve discomfort, re-align postural imbalances and promote well-being in your clients.

"Bowenwork has given me a good non invasive therapy technique to use for patients, with many experiencing positive results."

- Larina Paoletti, Physical Therapist - Innovative Recognition Initiative Award for Bowenwork -Exeter Hospital, March 2019
- Taught by Ainslee Farrington, certified Bowenwork instructor. After careers in the culinary arts and art education, Ainslee found a new passion in the world of Bowenwork. This art of healing extended naturally from her focus on healthy living, and her creative background as an art teacher, chef and restaurateur.

"The rewards astound me on a daily basis. People who have been told 'they will just have to live with their health problem, injury or trauma can reclaim

Each course qualifies

for 16 Continuing Education credits with

NCBTMB, AOTA,

California Board of

Nursing and Oregon

Board of Naturopathy.



Ainslee Farrington 603-833-3596 BowenworkArtofHealing@gmail.com

please contact Ainslee.

Visit AmericanBowenAcademy.com for more information.

Directions and accommodation

LearnBowenwork Seminar Application

Register early, space is limite	d.
Pay by check, credit card or	PayPal*

Please return this form to: Ainslee Farrington Bowenwork ~ Art of Healing PO Box 438, Strafford, NH 03884

I can provide a massage table

☐ Yes	☐ No
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Name			
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□ Module 1 Saturday - Sunday Oct. 1 - 2 / 9am - 6pm

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